**Chapter 13: What really matters?**

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| Alain de Botton discusses the meaning of life … in under five minutes. | https://www.youtube.com/watch?v=Ebt0X5ybm9Y |
| Iddo Landau and David Edmonds ask, “Is Life Without Meaning?” | http://www.philosophy247.org/podcasts/meaning/ |
| Richard Rowland presents an objection to hedonism. | http://www.wi-phi.com/video/hedonism-and-experience-machine |
| Alain de Botton discusses Epicurus. | https://www.youtube.com/watch?v=Kg\_47J6sy3A |
| Melvyn Bragg and his guests discuss Epicureanism. | http://www.bbc.co.uk/programmes/b01qf083 |
| Catherine Wilson discusses Epicureanism. | http://philosophybites.com/2016/05/catherine-wilson-on-epicureanism.html |
| Melvyn Bragg and his guests discuss happiness. | http://www.bbc.co.uk/programmes/p005489g |
| Melvyn Bragg and his guests discuss Sartre. | http://www.bbc.co.uk/programmes/p004y25x |
| Should happiness be a goal of public policy? Lord Layard says yes, and responds to criticism. | https://iai.tv/video/happiness |
| Melvyn Bragg and his guests discuss existentialism. | https://www.bbc.co.uk/programmes/p00547h8 |
| Short discussions of Sartre on bad faith, from Sebastian Gardner and Alain de Botton. | http://philosophybites.com/2009/02/sebastian-gardner-on-jeanpaul-sartre-on-bad-faith.htmlhttps://www.youtube.com/watch?v=xxrmOHJQRSs |
| Susan Wolf discusses meaning in life. | http://philosophybites.com/2010/07/susan-wolf-on-meaning-in-life.html |
| Ruth Chang talks about how to make hard choices. | https://www.ted.com/talks/ruth\_chang\_how\_to\_make\_hard\_choices |
| Daniel Kahneman says that, to understand happiness, one must distinguish the “experiencing self” and the “remembering self”. | https://www.ted.com/talks/daniel\_kahneman\_the\_riddle\_of\_experience\_vs\_memory |
| Chris Surprenant discusses Kant’s views on the good life. | http://www.wi-phi.com/video/good-life-kant |