**Chapter 15**

**Test Bank**

**Type: multiple response question**

**Title:** Chapter 15 Question 01

**1)** According to information available in Chapter 15 which of the following options are types of literacy that health professionals should consider in their interactions with clients?

\***a.** Cultural literacy

\***b.** Scientific literacy

\***c.** Electronic health (e-Health) literacy

\***d.** Health literacy

**Type: multiple response question**

**Title:** Chapter 15 Question 02

**2)** According to information available in Chapter 15 which of the following options are correct in relation to health literacy?

**a.** Low levels of health literacy in the population reduce rates of accidents

**b.** Low levels of health literacy can reduce rates of deaths

\***c.** Adequate levels of health literacy in the population can prevent illness and chronic diseases

\***d.** Adequate levels of health literacy in the population can reduce health care costs

**Type: multiple response question**

**Title:** Chapter 15 Question 03

**3)** According to information available in Chapter 15 which of the following options are correct in relation to learning and memory?

\***a.** Learning can be defined as a change in long term memory

\***b.** During the learning process, the act of combining new and existing knowledge helps a person build mental schemas (mental map of ideas about the topic or issue)

\***c.** During the learning process, when a person encounters new information, they revise and update their existing mental schema (mental map of ideas about the topic or issue)

**d.** During the learning process, the working memory stores information for long term use

**Type: multiple response question**

**Title:** Chapter 15 Question 04

**4)** According to information available in Chapter 15 which of the following are correct key steps for clients to master materials given?

\***a.** Discuss the learning objective or goals with clients

\***b.** Present the information in tailored sequential blocks

\***c.** Evaluate to determine whether the information has been mastered by the client

**d.** Avoid corrective/remedial teaching

**Type: multiple response question**

**Title:** Chapter 15 Question 05

**5)** According to information available in Chapter 15 which of the following are the correct design features of effective interventions to enhance health literacy?

**a.** Present essential information as the last in a list

**b.** Present information so that the lower numbers represent better outcomes

\***c.** Present essential information either by itself or first in a list

\***d.** Present information so that the higher numbers represent better outcomes

**Type: multiple response question**

**Title:** Chapter 15 Question 06

**6)** According to information available in Chapter 15 which of the following are correct guiding principles for effective interventions designed to enhance health literacy?

\***a.** Use pictorial aids

\***b.** Present information in discrete units

\***c.** Link information to behaviour change

\***d.** Use simple language

**Type: multiple response question**

**Title:** Chapter 15 Question 07

**7)** According to information available in Chapter 15 which of the following groups tend to have low health literacy?

\***a.** Young people

\***b.** Elderly

\***c.** People with mental health conditions

\***d.** Individuals with chronic conditions and/or disability

**Type: multiple response question**

**Title:** Chapter 15 Question 08

**8)** According to information available in Chapter 15 which of the following are correct answers in relation to health literacy?

\***a.** The health professionals’ knowledge of characteristics associated with low health literacy can improve interactions and communication with clients

**b.** Few health professionals underestimate the prevalence of low health literacy

\***c.** Health literacy is the ability of individuals to understand health information, to make healthy decisions and to access the care needed to stay well

\***d.** Understanding health literacy and its importance is critical for effective provision of healthcare and health education

**Type: multiple response question**

**Title:** Chapter 15 Question 09

**9)** According to information available in Chapter 15 which of the following are correct in relation to health literacy levels?

**a.** Clients with low levels of health literacy can more easily adopt healthier habits in their daily lives compared with clients with higher levels of health literacy

**b.** Clients with low levels of health literacy can more easily share relevant information with health care providers compared with clients with higher levels of health literacy

\***c.** Clients with high levels of health literacy have an easier time accessing available health and well-being services compared with clients with low levels of health literacy

\***d.** Clients with high levels of health literacy have an easier time managing their own health compared with clients with low levels of health literacy

**Type: multiple response question**

**Title:** Chapter 15 Question 10

**10)** According to information available in Chapter 15 which of the following are challenges faced by people with low literacy that health professionals must consider in their work?

\***a.** getting a prescription filled

\***b.** understanding information about how to take medication

\***c.** understanding appointment slips

\***d.** reading a health promotion brochure