

## - Parameters:

- Select asymmetrical meters and corresponding rhythm patterns from Part I, Chapter 25. The instructor designates the asymmetrical meter (duple, triple or quadruple), physical motion (metric motion, heel march, circular hand/arm motion, and/or down-up/ down-up-up motion) and then sets the tempo.
- Remember to perform the patterns (a) with inflective expression (foundation of phrasing) and (b) while moving to meter, macro beat, or micro beat (facilitates understanding of rhythm).

This activity also works musical memory!

## Pass the Pattern

- Process:
- Divide class into teams of 5-8. Using the elements from Part I, Chapter 25, the instructor or Student A chants a known rhythm pattern (neutral syllable or rhythm syllables). Student B improvises a similar but different rhythm pattern that MUST start with the last rhythm element in the pattern chanted by Student A. Student C improvises a similar but different rhythm pattern that MUST start with the last rhythm element chanted by Student B. Each additional student's pattern must start with the last element of the previous improviser.

Below are four different teams (A-D; E-H; I-L; M-P).


- Variation I: The instructor or Student A chants a known rhythm pattern (neutral syllable or rhythm syllables). Student B improvises a similar but different rhythm pattern that MUST start with the last rhythm element in the pattern chanted by Student A. Student C improvises a similar but different rhythm pattern that MUST start with the first rhythm element chanted by Student B. Each additional student alternates tasks.
- Variation II: One team improvises on a neutral syllable while the other team(s) writes (dictates) each pattern.
- Variation III: Individually practice Pass the Pattern using the MP3 rhythm files found in Part I, Chapters 21, located on the Oxford Learning Link.
- Parameters:
- Rhythm patterns to be selected from Part I, Chapter 25. The instructor designates the meter (compound-duple, triple or quadruple), physical motion (metric motion, heel march, circular hand/arm motion, and/or down-up-up motion) and then sets the tempo.
- Remember to perform the patterns (a) with inflective expression (foundation of phrasing) and (b) while moving to meter, macro beat, or micro beat (facilitates understanding of rhythm).

The goal is to develop spontaneous, rapid, automatic reaction to what is heard.

## Additional Improvisation Activities

- Call and Response

See Chapter 2 for instructions

- Pass the Pattern

See Chapter 3 for instructions

- Change Challenge

See Chapter 14 for instructions

- Same or Different

See Chapter 2 for instructions

- Ostinato Groove

See Chapter 6 for instructions

- Table of Truth

See Chapters 4 \& 13 for instructions

- Add A Rhythm

See Chapter 2 for instructions

- Anything You Can Do . . . See Chapter 10 for instructions
- Twisted Theme

See Chapter 22 for instructions

- Parameters:
- See the indicated chapter on the Oxford Learning Link, Improvisation-Part I for instructions.
- Integrate patterns in asymmetrical meters found in Section 25.2 and 25.3 into the improvisation activities above.
- The instructor designates the meter (asymmetrical-duple, triple or quadruple), physical motion (metric motion, heel march, and/or down-up and down-up-up motion with hands) and then sets the tempo.
- Remember to perform the patterns (a) with inflective expression (foundation of phrasing) and (b) while moving to meter, macro beat, or micro beat (facilitates understanding of rhythm).

The ability to improvise is a skill that can be learned!
Students' musical fluency is individual and personal in nature and improvisation gives students a space to explore these personal decisions (Michael Patrick Wall, 2018).

