# Chapter 1

1. How has your understanding of psychology changed at this point from what it was when you could be described as a layperson?
2. Looking back to any previous experiences of studying psychology,
   1. how do you see those experiences in restrospect, and
   2. how do you expect your undergraduate experience to be different?
3. How do you feel about shifting away from pre-degree sources towards primary sources?
4. So far, how is the content of academic psychology different to what you expected?
5. What is your understanding of psychological thinking?